

# BREAKFAST & LUNCH



# SEPTEMBER 2022

## SANTA CRUZ VALLEY UNION HIGH SCHOOL #840

Monday

Tuesday

Wednesday

Thursday

Friday



**5**

**LABOR DAY**

**6**

YOGURT & GRANOLA / MUFFIN  
FRUIT & JUICE  
MILK

BACON CHEESEBURGER  
FRIES  
FRUIT & MILK

**7**

BREAKFAST BURRITO  
/ CEREAL  
FRUIT & JUICE  
MILK

PIZZA  
FRESH CARROTS  
FRUIT & MILK

**1**

BREAKFAST  
TORNADOS / MUFFIN  
FRUIT & JUICE  
MILK

HAM SANDWICH  
FRESH VEGETABLES  
FRUIT & MILK

**2**

*ALTHOUGH WE MAKE EVERY  
EFFORT TO SERVE MENU AS  
PLANNED, THIS MENU MAY  
CHANGE WITHOUT NOTICE.*

**12**

FRENCH TOAST / MUFFIN  
FRUIT & JUICE/ MILK

GROLLED CHICKEN WITH BACAON  
FRIES  
FRUIT & MILK

**13**

CEREAL / MUFFIN  
FRUIT & JUICE  
MILK

RED CHILI BURRITO  
RICE/BEANS  
FRUIT & MILK

**14**

PANCAKE & EGG / CEREAL  
FRUIT & JUICE  
MILK

ORANGE CHICKEN & RICE  
MIIXED VEGETABLES  
FRUIT & MILK

**8**

BISCUITS & GRAVY  
/ CEREAL  
FRUIT & JUICE  
MILK

CORN DOGS  
FRIES  
FRUIT & MILK

**9**

*SALAD BAR IS AVAILBLE TO  
ALL STUDENTS*

**19**

CEREAL / MUFFIN  
FRUIT & JUICE  
MILK

SIPCY CHICKEN SANDWICH  
FRIES  
FRUIT & MILK

**20**

YOGURT & GRANOLA / MUFFIN  
FRUIT & JUICE  
MILK

CHICKEN NUGGETS  
BROCCOLI  
FRUIT & MILK

**21**

BREAKFAST  
TORNADOS / CEREAL  
FRUIT & JUICE  
MILK

CHICKEN ALFREDO / DINNER ROLL  
GREEN BEANS  
FRUIT & MILK

**15**

EGG CHEESE & SAUSAGE  
SANDWICH / CEREAL  
FRUIT & JUICE  
MILK

PIZZA  
BROCCOLI  
FRUIT & MILK

**16**

**26**

BREAKFAST  
TORNADOS / MUFFIN  
FRUIT & JUICE  
MILK

CHEESEBURGER  
FRIES  
FRUIT & MILK

**27**

QUESADILLA / MUFFIN  
FRUIT & JUICE  
MILK

CHICKEN TENDERS  
BROCCOLI  
FRUIT & MILK

**28**

GRILLED CHEESE / MUFFIN  
FRUIT & JUICE  
MILK

PULLED PORK SANDWICH  
FRIES  
FRUIT & MILK

**22**

BREAKFAST BAR / CEREAL  
FRUIT & JUICE  
MILK

PIZZA  
CORN  
FRUIT & MILK

**23**

**29**

EGG CHEESE & SAUSAGE  
SANDWICH / CEREAL  
FRUIT & JUICE  
MILK

PIZZA  
BROCCOLI  
FRUIT & MILK

**30**