

2025

OCTOBER



**SANTA CRUZ VALLEY UNION HIGH
SCHOOL**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>A hearty garden bar, fresh fruits and a variety of vegetables and sides are offered daily. We hope to inspire and encourage all students to make healthy choices regularly.</i>		1 FALL BREAK	2 FALL BREAK	3
6 FRUDEL / MUFFIN FRUIT & JUICE MILK CHEESEBURGER FRIES FRUIT & MILK	7 MINI WAFFLES / CEREAL FRUIT & JUICE MILK CORN DOGS BAKED BEANS FRUIT & MILK	8 PANCAKES & SAUSAGE/ MUFFIN FRUIT & JUICE MILK SHREDDED PORK NACHOS CORN FRUIT & MILK	9 YOGURT GRANOLA/ MUFFIN FRUIT & JUICE MILK PIZZA BROCCOLI FRUIT & MILK	10
13 CEREAL / MUFFIN FRUIT & JUICE MILK BACON CHEESEBURGER FRIES FRUIT & MILK	14 BREAKFAST TORNADOS/ MUFFIN FRUIT & JUICE MILK CHICKEN NUGGETS CARROTS/DINNER ROLL FRUIT & MILK	15 BREAKFAST BURRITO/ MUFFIN FRUIT & JUICE MILK CHILLI CHEESE FRITOS CORN BREAD FRUIT & MILK	16 YOGURT GRANOLA/ MUFFIN FRUIT & JUICE MILK PIZZA CORN FRUIT & MILK	17
20 BREAKFAST QUESADILLA / MUFFIN FRUIT & JUICE MILK SPICY CHICKEN SANDWICH FRIES FRUIT & MILK	21 SCRAMBLED EGG & HASH BROWN / CEREAL FRUIT & JUICE/MILK CHICKEN SOFT TACO RICE/BEANS FRUIT & MILK	22 CEREAL BAR / MUFFIN FRUIT & JUICE MILK BAKED CHICKEN SCALLOPED POTATO/DINNER ROLL FRUIT & MILK	23 BREAKFAST TORNADOS / MUFFIN FRUIT & JUICE MILK HAM SUB SANDWICH FRESH VEGETABLES FRUIT & MILK	24
27 POPTARTS / MUFFIN FRUIT & JUICE MILK GRILLED CHICKEN SANDWICH FRIES FRUIT & MILK	28 BISCUITS & GRAVY / CEREAL FRUIT & JUICE MILK GROUND BEEF HARD TARCOS CORN / RICE FRUIT & MILK	29 BREAKFAST BAR / MUFFIN FRUIT & JUICE MILK ORANGE CHICKEN & RICE BROCCOLI FRUIT & MILK	30 YOGURT GRANOLA/ MUFFIN FRUIT & JUICE MILK PIZZA SIDE SALAD FRUIT & MILK	31